Player follow up 24 hours

This suggested communication is for your players within a day of them playing the Resilience game. Its purpose is to keep up momentum for actions and results.

# Communication

**Heading:** Resilience game session XX XXXX at XXam/pm

Hi there,

Thanks for all of your contributions playing the Resilience game. It was great to hear the conversations, insights and talk of actions.

I want to encourage you to keep reflecting. And to focus on feeling the benefit from your actions. Keeping up our momentum in other words.

Success is in the difference it makes. I’d encourage you to:

1. Review your actions to confirm them, making sure they are specific, achievable and timed.
2. Share your actions with your colleagues and manager. We know that sharing actions increases the likelihood of success.
3. Make a note in your diary to review your progress.

Please simply get in touch with me if you’d like to ask or share anything with me.

I’m really looking forward to hearing about your successes with your actions.

Regards

End